



ST. MARY'S COUNTY
HEALTH DEPARTMENT

SCHOOL-BASED
HEALTH CENTERS

MEDICAL CARE MADE
EASY FOR ST. MARY'S
STUDENTS & FAMILIES

What Are SBHCs?

St. Mary's County School-Based Health Centers make high-quality healthcare easier to access for students, families and residents.

Whether your child needs a **same-day sick visit, a sports physical, mental health support or routine care**, SBHCs provide affordable, convenient services that complement your pediatrician or primary care provider.

Where Are SBHCs Located?

Margaret Brent Middle School

29675 Point Lookout Rd, Mechanicsville
(240) 434-6060

Spring Ridge Middle School

19856 Three Notch Rd, Lexington Park
(240) 434-6059

What Services Are Available?

- Same-day sick visits
- Vaccinations & testing (COVID, flu, etc.)
- Sports physicals (\$40)
- Behavioral health counseling & treatment

Who Can Use SBHCs?

Students: Any student in St. Mary's County can be seen during school hours.

School Staff & Personnel: School staff can be treated throughout the school day.

Families & Residents: All St. Mary's residents can visit SBHCs from 2:30pm-4pm on weekdays and throughout the day when school is not in session.

Why Choose SBHCs?

Convenient: Get an appointment even when your primary care or pediatrician is booked.

Affordable: We accept most insurance and offer a sliding-fee scale for those without coverage.

Collaborative Care: We work with your primary provider to ensure seamless healthcare.

- Routine preventive care
- Vision and hearing screenings
- Chronic condition management (asthma, ADHD, diabetes, etc.)

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SBHC.SMCHD.ORG

